



MEADOWS FIRST SCHOOL
WEEKLY NEWSLETTER



A Message from Mrs Hewitt

We have had an amazing week at Meadows. The Carol concerts were fabulous, and it was so lovely to see the children so excited to share them with you. I hope that you enjoyed seeing the concerts, despite the cold weather. We finished the week by seeing Father Christmas in Forest school this morning.



Santa visited us today in forest school. The children sang songs from their concerts to Santa, and we all kept warm by the fire.

Christmas lunch is on Monday 13th December- children can wear Christmas jumpers that day for a donation.

Theatre Day is Tuesday: children will be watching a professional theatre group perform Snow White.

Party Day will be on Wednesday 15th December- children can come to school in party clothes. As we are still unable to share food in school due to COVID restrictions, can parents/ carers please send in small party 'tea' for their child eg sandwich and cake

First and Middle School applications for children starting September 2022 – a reminder that the closing date for applications is 15th January 2022. If you feel you would benefit from some support in applying, or need guidance and support in relation to the application process please contact the 'Worcestershire Hub' on 01905 822700 or 'The School Admissions Team' on 01905 844111

Online safety: if you see anything that you think maybe harmful online to children, you can report it via this website <https://reportharmfulcontent.com/?lang=en>. Support for parents about teaching children about online safety can be found at <https://www.webwise.ie/parents/>. If you have older children, this site provides lots of support for being safe online <https://www.childnet.com/resources/just-a-joke>

Reading books for year 3 and 4 children: the new Accelerated reader programme allows parents to choose books for their children to read at home which are in line with their ZPD code (ie the level they are reading in school)- maybe a good way of choosing appropriate books for Christmas presents. Click on the link below, click on 'parents' and choose 'advanced search' option <https://www.arbookfind.co.uk/>.

Thank you to everyone who collected Grow Tokens from Morrisons over the Autumn term. We have been able to order flower and vegetable seeds, and equipment to use in the gardening areas of school.

We break up on Friday 17th December for the Christmas holidays.



Meadows Mouse Awards



- Cygnets Joshua F -working so hard. Metin - super singing in our Christmas concert.
- Goslings Finleigh - amazing artwork & incredible drawing talent. Grayson S - always being enthusiastic & trying his best all of the time.
- Caterpillars Laurie H - trying hard in Maths. Bobbi - for using full stops and commas.
- Dragonflies Oliver H - super writing and focus in English. Jaxon - great reading.
- Owls Freya - always showing amazing focus in all of her learning. Anna - enthusiasm in the Year 2 carol service.
- Hedgehogs Tom - enthusiasm in Writing. Bella - her focus in Maths.
- Sharks Charlie E - being very determined with our carol singing. Vlad S - always having a fantastic attitude to learning.
- Dolphins Ellie S & Thomas M - working with great care on their beautiful Christmas card designs.
- Jaguars Lenny A & Noah S - working hard in rehearsals for the Christmas carol production.
- Tigers Liam R - writing a wonderful Ode to his 'Hero'. Kiyah H - working hard in lessons and trying her

Lunchtime Supervisor

We currently have a lunchtime supervisor vacancy, 5 hours per week, Monday to Friday. Please contact the school office for more information.

All National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, tips and tips for adults.

How to Set up PARENTAL CONTROLS for APPS on Android Phone

On Android phones, restricting access to particular apps usually requires going onto Google Play. From there, it's fairly easy to navigate your way through the settings to manage the parental controls and authorisations relating to any apps on the device. These features can prevent your child from downloading or buying anything unsuitable for their age. Updated versions of apps or games that your child has already installed may occasionally contain something inappropriate, so we've explained how to stop those, too.

How to Block App Downloads (This Also Disables In-app Purchases):

- 1 Open Google Play Store
- 2 Tap the profile icon in the top right
- 3 Tap Settings
- 4 Scroll down to the Family section and tap Parental controls
- 5 Toggle 'Parental controls are off' to 'Parental controls are on'
- 6 Create a PIN and tap OK
- 7 Confirm your PIN and tap OK again
- 8 Tap Apps & Games
- 9 Set the age limit you wish to set (18+)
- 10 Tap Save to apply your changes

How to Stop Auto-updates

- 1 Open Google Play Store
- 2 Tap the profile icon in the top right
- 3 Tap Settings
- 4 Tap Auto-Update Apps
- 5 Select 'Don't auto-update apps' and then tap Done

Restricting Apps Through Google Family Link

- 1 Open Google Play Family Link for parents
- 2 Tap the three horizontal lines in the top left
- 3 Select your child's account
- 4 Tap Manage
- 5 Tap Controls on Google Play
- 6 Tap Apps & Games
- 7 Select the age limit you wish to set (18+)

National Online Safety
www.nationalonlinesafety.com

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 22.09.2021



Starting Well Partnership
EVERY CONTACT SHAPES A LIFE

Starting Well Partnership Parents Guide



Provided by:


Herefordshire and Worcestershire
Health and Care
NHS Trust

In partnership with:




Barnardos



Things to remember...

We can meet families on a one to one basis initially or talk on the phone to see which course would be the right one.

Before coming to one of our groups please call ahead to book a place using the info on page 15.

There is no criteria - everyone is welcome.

If in doubt which group is best, please call us - we know our groups inside and out!

If you feel the groups in this booklet do not fit your needs please still let us know as we can provide additional groups too.

We also distribute Healthy Start Vitamins from our Family Hubs.

All the groups in this booklet are FREE to attend.

We can also signpost to online parenting courses.

We can also support parents to access childcare including free childcare.

Some of our groups have a crèche.

TAS - Telephone Advisory Service

If your child is under 5 years old and you need advice on issues such as feeding, behavior, or toileting you can contact our Telephone Advisory Service (TAS).

The service can be accessed by parents, grandparents, or carers of children in Worcestershire up until the age of 5. The Telephone Advisory Service (TAS) is managed by local Health Visitors who can assist you with a variety of different worries and questions you have about your child. The service is available Monday - Friday between 9:00am-3:00pm by calling 0300 123 9551.

If you are already in contact with a local Health Visitor or Breastfeeding Support Worker, you can also contact them directly.

If you have immediate concerns about the health of a child, contact your GP or NHS111.



Book an appointment to see your local Health Visitor

We have recently introduced a booking system for face to face appointments with our Health Visiting Team.

Open to parents/carers of children under 5, the appointments provide an opportunity to discuss any concerns you may have about your child's health and development.

Appointments take place in Family Hubs and clinics across the county and can be booked a week in advance using the contact details on our website.



To book an appointment visit:
www.startingwellworcs.nhs.uk/hv-clinics

Self weigh clinics

Self-weigh clinics offer parents and carers of infants an opportunity to weigh their baby and log this in their baby's Personal Child Health Record (PCHR) Red Book.

Taking place in local Family Hubs and clinic settings, parents and carers can call and book their slot for a self-weigh clinic a week in advance. Each slot will last 15 minutes and provide an opportunity for parents and carers to weigh their baby's.

Anyone with concerns about their baby's weight is encouraged to contact their midwife or health visitor (if in contact) or phone the Telephone Advisory Service (TAS):
0300 123 9551
Mon-Fri 9am-3pm.



To book an appointment visit:
www.startingwellworcs.nhs.uk/selfweigh