



# MEADOWS FIRST SCHOOL WEEKLY NEWSLETTER



## **A Message from Mrs Hewitt**

We have come to the end of another busy term at Meadows. The children have enjoyed watching the Easter pantomime this week- a lovely treat to end the term. The weather was kind to us for outdoor learning day; we have such a great time doing a range of activities.

Today we are saying a sad goodbye to Mrs Ness who leaves to start a new job at Worcester University. We wish her lots of luck and happiness in her new role.

We welcome Miss Pritchard and Mrs Quinn as the new teachers of Owls class after the Easter holidays. They have both been in school to meet the class and the teachers.

## **Key messages for parents re COVID over the Easter break**

- Parents of pupils who are symptomatic at any time should arrange for immediate testing: <https://self-referral.test-for-coronavirus.service.gov.uk/antigen/condition>
- Pupils who have COVID-19 symptoms starting on Friday 2<sup>nd</sup> April to Saturday 3<sup>rd</sup> April will need to inform their school if they subsequently test positive. [office@meadows.worcs.sch.uk](mailto:office@meadows.worcs.sch.uk)
- Pupils who develop COVID-19 symptoms after Saturday 3<sup>rd</sup> April and test positive will not need to inform the school but will be required to self-isolate for 10 days and their close contacts will be identified through the national Contact Tracing Service (CTS).
- Pupils who need to continue their self-isolation into the new term should inform the school of their absence in the usual way.
- Parents should be reminded that under no circumstances should any pupil return to school if they are exhibiting any COVID-19 symptoms (however minor) or are unwell in any other way. They should arrange for a test and inform the school

**The school will text you if there has been a positive case in your child's bubble and you are required to self-isolate. I am hoping that this will not happen but I have to keep in contact with Public Health England for 6 days after the end of term.**

Reminder that we break up for the Easter holidays today (Thursday 1<sup>st</sup> April) and start back for the summer term on Monday 19<sup>th</sup> April.

## Meadows Mouse Awards



- Goslings** Emily L - really trying hard with her independent writing. Dexter L - being a superstar reader.
- Cygnets** Benno - working so hard with his writing. Alfie - always working very hard.
- Caterpillars** Oliver - being so determined in lessons to be independent. Jake - great focus in every lesson trying his best.
- Dragonflies** Oscar - always giving 100% & being so focused in all lessons. Mya - super Easter weaving skills.
- Owls** Holly L & Alissia L - determination and focus in Maths.
- Hedgehogs** Cameron A - enthusiasm in his PE lessons. Georgie R - great determination in English.
- Sharks** Harry P - always being a great team player and helping others. Poppy A - showing great enthusiasm with her writing.
- Dolphins** Phoebe B & Liam R - continued enthusiasm for learning throughout the whole term.
- Jaguars** Jayden U - super ideas for writing instructions on how to train your dragon.  
Oscar D - taking great care to present his work neatly.
- Tigers** Tommy A & Seren C - writing a wonderful instruction manual on 'How to Train Your Pet Dragon'

## COVID-19 VACCINATION: YOUR QUESTIONS ANSWERED

All GP practices across Worcestershire are now offering the COVID-19 vaccine to their patients in priority order and we also have three vaccination centres in the county offering the vaccine to the most vulnerable. When it is your turn to be vaccinated you will be contacted by your GP or the national booking system. You may be nervous about the vaccine or unsure whether you should accept it, these common questions answered by Dr Ian Tait, Chair of Herefordshire & Worcestershire NHS, may help.

### Which vaccine is better/more effective and are they both safe?

Both Pfizer/BioNTech and Oxford/AstraZeneca are very effective vaccines. It's not as simple as saying one vaccine is better than the other. An effective vaccine will save lives and reduce hospitalisations. Both vaccines have been approved because they pass the MHRA's tests on safety and efficacy, so people should be assured that whatever vaccine they get will be highly effective and protect them from Coronavirus.

### Are there any side effects?

Like all medicines, vaccines can cause side effects. Most of these are mild and short-term, lasting no longer than a week, and not everyone gets them.

### Are there animal components in the vaccine?

The MHRA has confirmed that the COVID-19 Vaccine AstraZeneca and Pfizer/BioNTech COVID-19 vaccine do not contain any components of animal origin.

### Can pregnant women have the Pfizer / BioNTech or Oxford/ AstraZeneca vaccines?

Women should discuss the benefits and risks of having the vaccine with their healthcare professional and reach a joint decision based on individual circumstances.

The latest advice, from the Joint Committee on Vaccination and Immunisation (JCVI) is that the vaccine should be considered for pregnant women when their risk of exposure to the virus infection is high and cannot be avoided, or if the woman has underlying conditions that place her at a very high risk of complications of Covid-19.

Women who are breastfeeding can also be given the vaccine.

### Does the Covid-19 vaccine affect fertility?

There is no evidence that the vaccine affects fertility.

### Are new strains resistant to the vaccine?

There is currently no evidence to suggest that the Pfizer/BioNTech or Astra/Oxford vaccine would not protect people against the new strain.

### Can people do what they want after they have been vaccinated?

It is essential that everyone continues to stay at home if possible whether they have had the vaccine or not.

This means it is important to continue to follow social distancing guidance social distancing guidance, wear a face mask and remember hands, face, space.

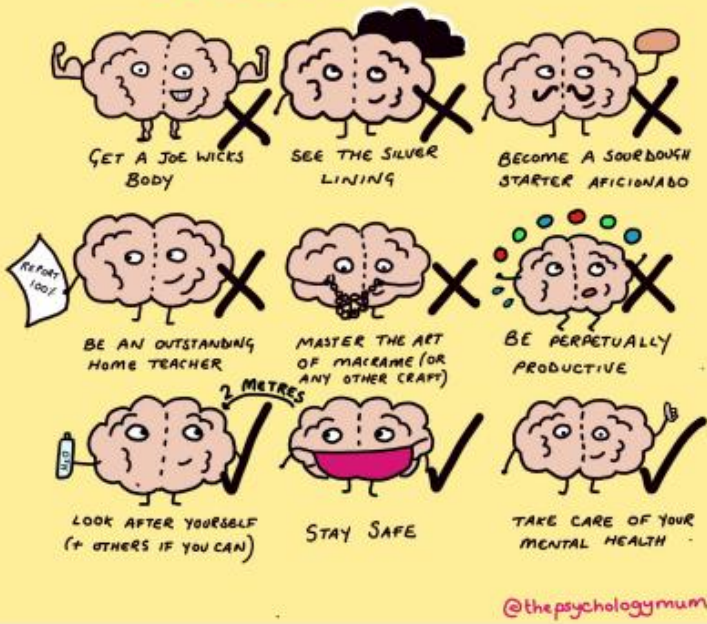
**WHEN IT'S YOUR  
TURN SAY YES  
TO THE VACCINE**

Protect  
yourself, your  
family and your  
community.

All the latest information on immunisation can be found on the website:  
[herefordshireandworcestershireccg.nhs.uk/covid-19-vaccine/covid-19-vaccine-faqs](https://herefordshireandworcestershireccg.nhs.uk/covid-19-vaccine/covid-19-vaccine-faqs)

**NHS**

# What you need to do in a Global Pandemic



# Self-Compassion at a Time of Corona Virus

## Inner critic

