



15th January 2021

MEADOWS FIRST SCHOOL WEEKLY NEWSLETTER



A Message from Mrs Hewitt

We have all completed another week of lockdown, and I hope you have all kept safe and well. We miss all of the children, but we have managed to have a significant number of key workers children on site; I hope that this helps to support our local community through this difficult time. Once again, thank you for your positive messages; we really appreciate your support.

Home schooling- I know that some people are worrying about this, but please remember to only do what you can. We know some of you are juggling your jobs, family responsibilities etc, so whatever you are doing is enough. Also, you may have more than one child at home- so stop worrying if you can't support them all at the same time! If you are struggling with them all doing different home learning, try to do something they can all engage with- reading a story together, baking etc. Remember playing, cooking, doing exercise are all valuable learning activities. If they're old enough, try to get them to do bits on their own. Be kind to yourselves!

Reading is so important- so maybe try doing a bit of reading every day (the children can do this independently/with an adult/via IT/audiobook). Try to get them to do some free writing (diary/blog/comic). Practical maths- cooking, some maths games, physical counting or digital games. Some fine motor work, such as Lego, cutting, and playdough. All of these are great learning activities; you don't have to do the set tasks if you don't have time.

If access to laptops is causing concern, the BBC have dedicated a channel to home learning; the programming for primary school pupils is on CBBC between 09:00 and 12.00 every weekday and is also available on iplayer. Please contact us if you are struggling to access devices for home learning; we may be able to help.

If we send home links and extra ideas, please remember that these are suggestions and ideas. Try them if you want to, but you DON'T have to!

It is important to look after yourself! See the school's website- health and well-being page for ideas on how to support your own and your child's mental health.

<https://www.meadowsfirst.co.uk/curriculum/wellbeing>



Starting Well Partnership
EVERY CONTACT SHAPES A LIFE

Financial & debt help Bromsgrove & Redditch

High level debt help & support accredited by F.C.A. -

Help & support given on every type of debt, finding the best way forward, such as Debt Relief Orders & Bankruptcy. Advice includes maximising benefit income & budgeting.

Citizens Advice Bromsgrove & Redditch -
T: 0808 278 7890 (Mon - Fri, 10am - 4pm)
W: www.cabr.org.uk

Lower level support & help -

These groups provide informal / lower level debt & budgeting advice but can only assist to a certain point.

Libraries - offer help digitally

Age UK - T: 01527 570490 (Mon - Fri, 9am - 4pm) W: www.ageuk.org.uk/brwf

REACH CIC - Liz Williams:

W: www.reachredditch.co.uk
E: REACHRedditch@outlook.com

**SREN (Support Redditch
Emergency Network) - Mike Rouse:**
E: info@supportredditch.net

**Batchley Support Group -
Mark & Jan Barron:**

E: batchleysgroup@gmail.com

**Disability Support Project (DSP) - tends
to be advice for people with disabilities:**

T: 01527 351 021 W: www.dspuk.org.uk
E: info@dspuk.org.uk

DWP - T: 0800 328 5644

Textphone: 0800 328 1344

W: [www.gov.uk/universal-credit/
contact-universal-credit](http://www.gov.uk/universal-credit/contact-universal-credit)

Basement Project -

T: 01527 832993 (Mon - Fri, 9am - 4pm)

Text: Help Base to 62277

www.bromsgrovebasementproject.org.uk

(Live chat available via the website
Mon - Fri, 11am - 4pm)

E: info@basementproject.org.uk

Support Bromsgrove -

T: 01527 306490 (24hr Answerphone)

W: <https://supportbromsgrove.com>

E: bromsgrovecs@gmail.com

Act on Energy -

Freephone: 0800 988 2881

W: <https://actonenergy.org.uk>

E: advice@actonenergy.org.uk



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www.redditch.gov.uk


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If you work for a company that has old laptops that they do not need, can you let us know as we may be able to distribute them to families in need. Thank you.

Key messages for parents re COVID

book a test if you or your child are displaying symptoms. If someone with symptoms tests negative for coronavirus (COVID-19), then they should stay at home until they are recovered as usual from their illness but can safely return thereafter. The only exception to return following a negative test result is where an individual is separately identified as a close contact of a confirmed case, when they will need to self-isolate for 10 days from the date of that contact.

If someone with symptoms tests positive, they should follow the guidance for households with possible or confirmed coronavirus (COVID-19) infection and must continue to self-isolate for at least 10 days from the onset of their symptoms and then return to school only if they do not have symptoms. The 10-day period starts from the day when they first became ill. Other members of their household should all self-isolate for the full 10 days from the day after the individual tested positive.

New COVID19 Variant

We are told that the new COVID variant is highly infectious and can be transmitted easily from person to person. If you are on school grounds, can you please wear a mask, keep a 2m distance from others and avoid congregating with other people. We are keeping classes separate, so we appreciate you not allowing your child to play with children from other classes whilst on the school grounds (unless they are siblings).

Extra Home Learning Ideas:

<https://www.minifirstaid.co.uk/classes> You can register to do online first aid lessons