

Jigsaw unit title & focus:

Key Vocabulary

Autumn 1: BEING ME IN MY WORLD

I will see my friends again, settle into my new class and remember our school rules and routines making sure everyone can learn.

Meadows Wellbeing wheel link: **Friendly Me**



Autumn 2: CELEBRATING DIFFERENCE

I will learn that everyone is different and celebrate everyone's uniqueness.

Meadows Wellbeing wheel link: **Unique Me**



Spring 1: DREAMS AND GOALS

I will learn how to face new challenges and celebrate personal achievement.

Meadows Wellbeing wheel link: **Clever Me**



Spring 2: HEALTHY ME

I will learn how medicines help me when I'm poorly and how to stay safe when crossing the road.

Meadows Wellbeing wheel link: **Safe Me/Active Me**



Summer 1: RELATIONSHIPS

I will learn about my family and think about how my family make me feel. I will also be looking at healthy relationships – NSPCC: Pants.

Meadows Wellbeing wheel link: **Friendly Me**



Summer 2: CHANGING ME

I will be able to tell you how my body has changed since I was a baby and explain how animals may change too.

Meadows Wellbeing wheel link: **Clever Me**



Term	Some key words / phrases we will use and learn
Autumn 1	friends, belonging, rules, rewards, consequences.
Autumn 2	similar, same as, different, difference, similarity, fair, unfair, special, unique.
Spring 1	challenge, goal, feelings, proud, success,
Spring 2	healthy, unhealthy, medicines, safe, green cross code,
Summer 1	belonging, qualities, caring, kind, community, special
Summer 2	baby, child, adult, mature, life cycle,

Links to Rights respecting article links

I have the right to Friends. (Article 15)

I have the right to be safe. (Article 19)

I have the right to be listened to (Article 12)

I have the right to play and rest. (Article 31)

I have the right to water and food. (Article 24)

I have the right to a good quality education. (Article 28)



Calm Me

Each lesson we will also have a "calm me" section. This fits in well with our **Calm Me** mouse.

