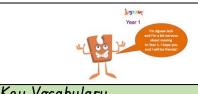
# Meadows First School Knowledge Organiser

Your 1 SUBJECT PSHE (Using Jigsaw scheme)



Jigsaw unit title & focus:

# Autumn 1: BEING ME IN MY WORLD

I will see my friends again, settle into my new class and remember our school rules and routines making sure everyone can learn. Meadows Wellbeing wheel link: Friendly Me

# Autumn 2: CELEBRATING DIFFERENCE

I will learn that everyone is different and celebrate everyone's uniqueness. Meadows Wellbeing wheel link: Unique Me

## Spring 1: DREAMS AND GOALS

I will learn how to face new challenges and celebrate personal achievement. Meadows Wellbeing wheel link: Clever Me

## Spring 2: HEALTHY ME

I will learn how medicines help me when I'm poorly and how to stay safe when crossing the road. Meadows Wellbeing wheel link: Safe Me/Active Me

### Summer 1: RFI ATIONSHIPS

I will learn about my family and think about how my family make me feel. will also be looking at healthy relationships - NSPCC: Pants. Meadows Wellbeing wheel link: Friendly Me

# Summer 2: CHANGING ME

I will be able to tell you how my body has changed since I was a baby and explain how animals may change too.

Meadows Wellbeing wheel link: Clever Me



|  | <u>Ney vocabulary</u> |  |
|--|-----------------------|--|
|  | ISEP:                 |  |
|  | Term                  | Some key words / phrases we will use and       |
|  |                       | learn  |
|  | Autumn 1              | friends, belonging, rules, rewards,            |
|  |                       | consequences.                                  |
|  | Autumn 2              | similar, same as, different, difference,       |
|  |                       | similarity, fair, unfair, special, unique.     |
|  | Spring 1              | challenge, goal, feelings, proud, success,     |
|  | Spring 2              | healthy, unhealthy, medicines, safe, green     |
|  |                       | cross code,                                    |
|  | Summer 1              | belonging, qualities, caring, kind, community, |
|  |                       | special  |
|  | Summer 2              | baby, child, adult, mature, life cycle,        |
|  |                       |  |

## Links to Rights respecting article links

I have the right to Friends. (Article 15)

- I have the right to be safe. (Article 19)
- I have the right to be listened to (Article 12)
- I have the right to play and rest. (Article 31)
- I have the right to water and food. (Article 24)
- I have the right to a good quality education. (Article 28)

## Calm Me

Each lesson we will also have a "calm me" section. This fits in well with our Calm Me mouse.

