

Year 4 Suggested Timetable – Week 5 Superheroes



We will continue to use the BBC bitesize website for English and Maths. It is only a suggested timetable; feel free to work around your own timetable if this would suit you and your child better. Please have a look through the suggested list of activities to complete during the week. **Choose which one(s)** you would like to do the most or feel you are most able to complete.

Do not try to do them all – we have tried to include a range of ideas to suit everyone – pick the ones that interest you.

Most importantly, enjoy this time together and stay safe.

	English	Maths	Topic Suggested Activities
Monday 	https://www.bbc.co.uk/bitesize/tags/z63tt39/year-4-lessons/1 Using paragraphs correctly	https://www.bbc.co.uk/bitesize/tags/z63tt39/year-4-lessons/1 Multiply 2-digit numbers by 1-digit number	Lesson 1 – Superheroes Design your own superhero. What powers do they have? What do they wear? What is their name? Do they have a catchy phrase that they use? Write a story or comic strip about a time your superhero “saved the day” See Monday activity sheet for resource ideas – or do your own.
Tuesday 	https://www.bbc.co.uk/bitesize/tags/z63tt39/year-4-lessons/1 Using fronted adverbials	https://www.bbc.co.uk/bitesize/tags/z63tt39/year-4-lessons/1 Multiply 3-digit numbers by 1-digit numbers	Lesson 2 – NHS superheroes Read through the NHS PowerPoint . Lots of people are calling our NHS (and other key workers) super heroes during the Coronavirus pandemic. Create a poster/song/poem/painted stone to celebrate our NHS workers. (We’ve put some ideas to use if you wish, or make your own.)
Wednesday 	https://www.bbc.co.uk/bitesize/tags/z63tt39/year-4-lessons/1 Coordinating conjunctions	https://www.bbc.co.uk/bitesize/tags/z63tt39/year-4-lessons/1 Divide 2-digit by 1-digit numbers	Lesson 3 – Wellbeing Wednesday #beyourownhero Support your own wellbeing. Look at the “Wednesday Wellbeing” resource for ideas Gardening is great for your wellbeing . Did you know that you can grow vegetables such as potatoes, lettuce, onions, celery, carrots and lots of herbs from scraps? If you cut off the base of a lettuce and plant it in a little bit of soil the plant will re-grow. See what you can grow for your family to eat.  https://www.ruralsprout.com/regrow-vegetables/

<p>Thursday</p> 	<p>https://www.bbc.co.uk/bitesize/tags/z63tt39/year-4-lessons/1 Writing a recount</p>	<p>https://www.bbc.co.uk/bitesize/tags/z63tt39/year-4-lessons/1 Divide 3-digit by 1-digit numbers</p>	<p>Lesson 4 – Wartime Heroes Captain Tom (Moore) has been in the news a lot. He is a real life superhero. Find out why.</p> <p>See Thursday resources for help or do your own research. Idea 1 – Write a letter or make a thank you card and send it to someone who has made a difference in your local community, This could be for a kay worker, family member or neighbour.</p> <p>Idea 2 – Create a factfile for Captain Tom Moore. Include a picture of him and some facts about him.</p>
<p>Friday</p>	<p>https://www.bbc.co.uk/bitesize/tags/z63tt39/year-4-lessons/1 Reading lesson: Dindy and the Elephant by Elizabeth Laird</p>	<p>https://www.bbc.co.uk/bitesize/tags/z63tt39/year-4-lessons/1 Challenge of the week</p>	<p>Lesson 5 – Wartime Heroes / VE 75 day (* optional activities as it is a Bank Holiday) Celebrate with the Nation!</p> <p>Maybe make your own bunting as par of the BBC “Great British Bunting” idea https://www.bbc.co.uk/programmes/articles/4TrqYDyf4PMdLypxzyTwGDg/great-british-bunting</p> <p>Or look at the VE75 art resource for other ideas.</p> 

ly revision

accidentally

actually

certainly

differently

regularly

experimentally

extremely

naturally

strangely

particularly

Key Words

though

although

thought

through

bough

More Months of the Year

May

June

July

August

Key Words

money

past

path

whole

Spelling Shed 

You can log onto spelling shed to help you learn your words.

Why not try some of these ideas:

- Look the words up to find out what they mean
- Write the words in a sentence.
- Draw pictures to try to show the words (tricky)
- Write the words in rainbow letters using brightly coloured pens.
- Make the words out of cut out letters made from paper and then use the letters to make the words.
- Read a word, run across the garden and then write the word – keep doing it for each word.

Other ideas – optional extras to do if you wish to.

- ☺ Take a look on *Purple Mash* – there are different activities each day, plus a superhero story to read.
- ☺ What if you woke up as a lizard superhero? (CBBC program available after Monday)
<https://www.bbc.co.uk/programmes/m000hyjz>
- ☺ Reading comprehension activity “What does a nurse do” – there are several versions of the reading and question sheet – choose one that is appropriate to your child’s reading level.
- ☺ Why not take the CBBC superhero quiz “Which superhero are you?” <https://www.bbc.co.uk/cbbc/quizzes/newsround-superhero-quiz>
- ☺ Watch a superhero movie – *The Incredibles* / *Spiderman* etc.
- ☺ What would your superhero vehicle look like? Draw it or make it. Does it have any special gadgets?
- ☺ Create some superhero craft (see ideas sheet or create your own idea)
- ☺ Why not have a super hero day? Give yourself a name and a superpower. Design a costume (using clothes you have at home), Make up a superhero game of skill depending on your superpower
- ☺ Make a superpowered superhero smoothie (either on paper or for real), - What would be in it to give you special powers?
- ☺ Look again at the Wednesday Wellbeing resource Create a “wellbeing superhero” of your own (or use one of the ideas to help you) How does your superhero help people to stay well? e.g. Do they encourage mindfulness colouring? Do they keep you active? Do they help with calming breathing powers?