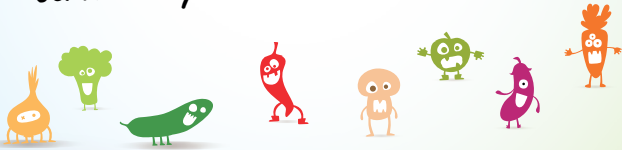


Welcome to
**BAM FM Ltd, and
 REGGIE RELISH**
 and his monstrous
 vegetables and other
 scarily good foods.
 Provider of the catering
 service at your school



Reggie makes lunchtimes fun!

He works hard to find the finest of suppliers
 and works to the highest standards



We work with:



BROMSGROVE FIRST & MIDDLE SCHOOL LUNCH

February 2026 - July 2026



FOR MONSTER APPETITES

If you would like further information
 on any of our menus or services please
 contact us by emailing: dawn.marshall@bam.com

**REGGIE LOVES TO HEAR ANY FEEDBACK AND
 COMMENTS YOU MAY HAVE FOR HIM**

BROMSGROVE FIRST & MIDDLE SCHOOL LUNCH

WEEK 1

WEEK COMMENCING

23.02.26, 16.03.26, 20.04.26, 11.05.26, 22.05.26, 29.06.26

MONDAY

Meat: Cowboy Sausage Pasta Bake with Peas

Vegetarian: Sweet Chilli Vegetables, Rice with Peas

Dessert: Steamed Sultana Sponge with Custard

TUESDAY

Meat: Full Breakfast (Bacon, Sausage, Scrambled Egg, Hash Brown with Beans or Tomatoes)

Vegetarian: Vegetarian Full Breakfast (Vegan Sausage, Scrambled Egg, Hash Brown with Beans & Tomatoes)

Dessert: Lemon Drizzle Cake

WEDNESDAY

Meat: Chicken, Roast Potatoes, Broccoli, Carrots, Stuffing with Gravy

Vegetarian: Quorn Fillet, Roast Potatoes, Broccoli, Carrots, Stuffing with Gravy

Dessert: Carrot Cake

THURSDAY

Meat: Creamy Cajun Chicken & Bacon Tagliatelle with Whole Green Beans

Vegetarian: Glazed Halloumi, Mixed Vegetables with Pilau Rice & Chickpeas

Dessert: Cookie Dough

FRIDAY

Meat: Battered Fish, Chips with Peas or Beans

Vegetarian: Vegan Sausage Roll, Chips with Beans or Peas

Dessert: Chocolate Cracknell

WEEK 2

WEEK COMMENCING

02.03.26, 23.03.26, 27.04.26, 18.05.26, 15.06.26 06.07.26

MONDAY

Meat: Mediterranean Chicken Orzo with Carrots & Sweetcorn

Vegetarian: Home Made Tomato Pasta Bake with Carrots & Sweetcorn

Dessert: Sprinkle Cake

TUESDAY

Meat: Beef Burger, Oven Wedges & Salad

Vegetarian: Vegi Hotdog, Oven Wedges & Salad

Dessert: Strawberry Cheese Cake

WEDNESDAY

Meat: Roast Pork, Herby New Potatoes, Stuffing, Leek, Cauliflower with Gravy

Vegetarian: Summer Vegetable Tart, Herby New Potatoes, Leeks, Cauliflower with Gravy

Dessert: Chocolate Chip Muffin

THURSDAY

Meat: Beef Lasagne, Garlic Bread with Sweetcorn

Vegetarian: Caramelised Courgette Pasta & Crispy Crumb Mozzarella with Green Beans

Dessert: Rhubarb Oaty Crumble

FRIDAY

Meat: Pepperoni Pizza with Chips & Salad

Vegetarian: Cheese & Tomato Pizza with Chips & Salad

Dessert: Cherry Bakewell

WEEK 3

WEEK COMMENCING

09.03.26, 13.04.26, 04.05.26, 01.06.26, 22.06.26, 13.07.26

MONDAY

Meat: One Pot Spanish Style Chicken, Peppers, & Mixed Grain

Vegetarian: Vegan Sausage & Maple Vegetables

Dessert: Banana Cake

TUESDAY

Meat: Chicken Fajitas Wraps & Salad

Vegetarian: Vegetable Spring Roll, Chinese Style Rice & Salad

Dessert: Chocolate & Beetroot Brownie

WEDNESDAY

Meat: Roast Beef, Potato & Swede Mash, Honey Glazed Parsnips, Carrots Yorkshire Pudding with Gravy

Vegetarian: Quorn Roast, Potato & Swede Mash, Honey Glazed Parsnips, Carrots, Yorkshire Pudding with Gravy

Dessert: Biscoff Rocky Road

THURSDAY

Meat: Panfried Beef Thai Noodle Salad

Vegetarian: Honey Roast Carrot & Mozzarella Tatin

Dessert: Goey Orange Pudding

FRIDAY

Meat: Fish Fingers, Chips with Beans or Peas

Vegetarian: Vegetable Fingers Chips & Salad

Dessert: Speculoos Cake