

Kindness Week at Meadows



Next week for your homework, we would like you to complete as many acts of kindness as you can. You can record them in the grid below. You can carry out the acts throughout the week at home and at school.



Clean up after someone.	Let someone go in front of you in line.	Compliment an adult.	Introduce yourself to someone new.
Help someone with their work.	Invite someone to play with you.	Wave to a friend.	Clean up after yourself.
Push in someone's chair.	Sit with someone new at lunch.	Help someone who dropped something.	Thank a custodian or bus driver.
Thank your teacher for teaching.	Say something nice to a friend.	Be patient with someone in class.	Do something nice for a classmate.