

P.E. Key Stage 1- Dance.



End of Key Stage Expectations

Copy, remember and repeat actions.

Create a short motif inspired by a stimulus.

Change the speed and level of their actions.

Use simple choreographic devices such as unison, canon and mirroring

Use different transitions within a dance motif

Move in time to music.

Improve the timing of their actions.

Key Vocabulary

Copy, feelings, speed, movement, direction, space, music.



Inspirational Athletes

The BBC Strictly Professionals