

P.E. -E.Y.F.S



End of Key Stage Expectations

Negotiate space and obstacles safely, with consideration for themselves and others.

Demonstrate strength, balance and coordination when playing.

Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

Key Vocabulary

Physical, sport, healthy, exercise, run, jump, throw, catch, stop, movement, safety, dance, yoga.



In E.Y.F.S. we experience Physical Education in lots of different ways, in our outdoor classroom, our playground, in PE sessions and in Forest School.