

Clothing:

Each class will go to Forest School on a different day. In Winter, you will need to send your child to school in suitable warm clothing such as:

Long warm trousers (jogging bottoms)

Long warm sleeved top

Jumper or sweatshirt

Gloves, hat (winter only)

Wellingtons (kept in school)

We provide waterproof trousers and a jacket which are worn on top of your child's own coat and trousers.

In the summer, your child **MUST** wear long sleeves and long trousers and fully enclosed shoes, because there will be nettles and brambles in the Forest school area. **Please bear in mind that these clothes will get VERY dirty!**



If you have any questions or concerns, please contact your class teacher

Forest School



"The Best kind of Classroom"

(Ian Macmillan)

At Meadows First School we aim to create a happy, welcoming school and learning environment which meets the needs of all the children in our care. We develop their enthusiasm for learning, to ensure that they achieve to the best of their ability.

Forest School provides our children with a rich and challenging environment , where they are free to explore and to think creatively and independently. They are set small achievable tasks which help to build their confidence and self esteem, without fear of failure or criticism.

Forest School



What is Forest School in the early Years?

Each week Reception classes will have the opportunity to explore one of our Forest School areas situated in the school grounds. This will usually take place straight after lunch and will finish before Home time. The children will be able to experience the wonders of the natural world whilst engaging in a variety of activities that will support their learning.

Forest School

The activities will vary according to the weather and seasons and will enable children to have time to explore a range of activities in an outdoor space. They will be able to link their experiences with the fun and excitement of being outside, as well as developing skills in all 7 areas of learning in the Foundation Stage curriculum - such as working as part of a group, taking turns and sharing, sorting and matching objects, asking questions about why and how things happen etc. Later on, they will be taught safe handling of tools and equipment and experience sitting around a fire - eating food prepared on it!

Forest School will be led by a trained Forest School leader and the children will be taught safety aspects of being outside (such as not picking and eating found objects) and of course they will develop an understanding and appreciation of the Natural World around them.